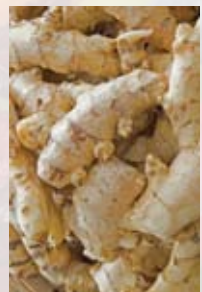


## SOME OF THE HIGHLIGHTED AMPED INGREDIENTS:



**Rose** – Plant concentrates carry a naturally high frequency and the Rose is no exception. Roses contain high amounts of Vitamin C that support the digestive system while nourishing the body. Studies now show that roses help the body absorb Vitamin C found in other foods as well. Roses contain Vitamin A derivatives crucial for replenishing skin and strengthening nails.

**Astaxanthin** – Is a powerful, natural, biological antioxidant extracted from marine micro-algae (*haematococcus pluvialis*). Astaxanthin is the carotenoid responsible for the pink pigmentation in the flesh of salmon, lobster, krill and other aquatic animals and plants. These natural compounds are important nutrients and protectants for the skin and contribute to whole body health. Astaxanthin nourishes the eyes, brain and central nervous system.



**Ginger** – Asian cultures have known the health benefits of ginger for thousands of years. In addition to digestive benefits, recent studies have confirmed that ginger helps alleviate motion sickness. Ayurvedic and Tibetan medical systems use ginger to reduce joint pain.

**Frankincense** – Frankincense has been traded for more than 5000 years at its peak it was traded for gold, the rarest silks, and the most precious of gems. Ironically, it is a milky-white resin produced by a prickly, unlikely looking tree, genus *Boswellia*. Today, as in years past, frankincense is a valued commodity and its pure essential oil sells for up to a dollar per drop. It is commonly referred to as the “mother of all essential oils”. Frankincense is excellent for many conditions and is known to have a calming effect.

## Nutritional Facts

Serving Size: 1/2 oz. (15ml)  
Servings per Container: 32

	Amount per Serving	% DV
Calories	5	<0.5%
Total Carbohydrate	1.25gm	0.5%
Sugars (Natural Fruit Juices)	1.25gm	
Magnesium (Ionic Sea Mineral Blend)	8mg	4%
Selenium (Ionic Sea Mineral Blend)	5mcg	7%
Chloride (Ionic Sea Mineral Blend)	23.76mg	0.7%
Boron (Ionic Sea Mineral Blend)	40mcg	*
Aloe Vera Juice	1250mg	*
Marine Phytoplankton (Alpha3CMP™)	37.5mg	*
Cranberry Concentrate	650mg	*
White Grape Concentrate	250mg	*
Noni Juice	540mg	*

\* Daily Value (DV) not established

\*\*Percent Daily Values (DV) are based on a 2000 calorie diet.

**Ingredients:** Purified Water, Proprietary Blends of the following: Aloe Vera Juice, Cranberry Concentrate, White Grape Concentrate, Morinda Citrifolia (Noni Juice), Ionic Sea Trace Minerals, Alpha3 CMP Concentrated Marine Phytoplankton, Frankincense, Nutmeg, Astaxanthin, Ginger, Orange, Sweet Lime, Rose, Citric Acid, Rosemary Anti-Oxidant, Natural Blueberry Concentrate.

A portion of every purchase is donated to environmental marine research and development.



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[www.MyForeverGreen.org/tyh](http://www.MyForeverGreen.org/tyh)

**FOREVERGREEN**  
HEALTH, KINDNESS, OPPORTUNITY

These statements have not been evaluated by the FDA. This product is not intended to treat, diagnose, cure or prevent any disease.

# FREQUENSEA™

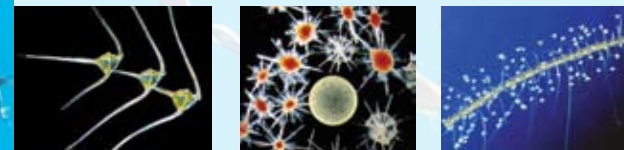
MOTHER NATURE'S MILK™

WITH 100% PURE  
MARINE  
PHYTOPLANKTON  
EXCLUSIVE!



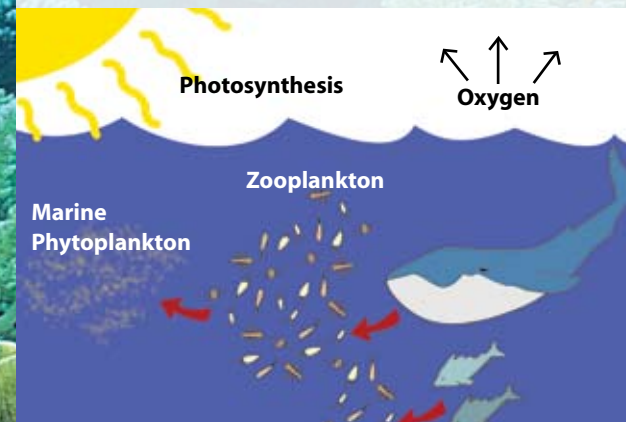
## WHAT IS MARINE PHYTOPLANKTON?

Phyto = "Light/Plant" Plankton = "Floating/Suspended"



Scientists at NASA theorize that ages ago, the world was changed forever. The appearance of tiny organisms with the ability to convert sunlight, warmth, water and minerals into protein, carbohydrates, vitamins and amino acids marked the beginning of life. Marine Phytoplankton, these single-celled plants, are the basis of all other life forms on planet Earth and are the 'vegetation' of the ocean. Marine Phytoplankton are consumed by the smallest to the largest forms of life. Whales that feed on plankton and krill are known to live up to 200 years.

**Marine Phytoplankton are a major source of Earth's oxygen supply.**



## WHOLE FOOD MARINE PHYTOPLANKTON

- 400 times the energy of any known plant
- a major source of the Earth's oxygen supply
- the first known food or plant on earth
- whales live on it
- more than 200 sea veggies
- nutritional analysis that is second-to-none
- nourishing and complete proprietary blend (see label)
- has eluded man until now
- exclusive to ForeverGreen

# FREQUENSEA™ IS CREATED USING EXCLUSIVE PATENT-PENDING TECHNOLOGIES

## AVAILABLE TO MAN, FOR THE FIRST TIME IN HISTORY

### It started on a sea farm...

The Marine Phytoplankton in FrequenSea™ is harvested on a sea farm in the Pacific Northwest where over 200 different species of Marine Phytoplankton thrive, a variety unrivaled anywhere else in the world. Other farms boast 12, 25, or 50 different species maximum. This sea farm developed an amazing renewable process that re-creates the spring bloom--a time of year where phytoplankton photosynthesis is maximized--every month! The process actually replenishes more phytoplankton back to the ocean than it takes from it. This supports an amazingly diverse ecosystem near the farm.

The exclusive harvesting extraction process allows us to combine the benefits of phytonutrients with a natural and balanced composition of sea minerals. Phytonutrients are natural plant-based chemicals that promote proper metabolic functions.

This pristine Pacific Northwest beach is the home of the one-of-a-kind sea farm where Tom Harper created and maintains the exclusive, patent-pending process of growing and harvesting Marine Phytoplankton. Thousand gallon tanks, in conjunction with eight million-liter tanks, are used to recreate the spring bloom each month, instead of only once a year.

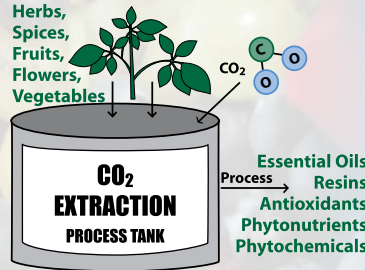


Tom Harper, Ron Williams and Tiffany Haarsma at the sea farm, where Tom made his amazing discovery.

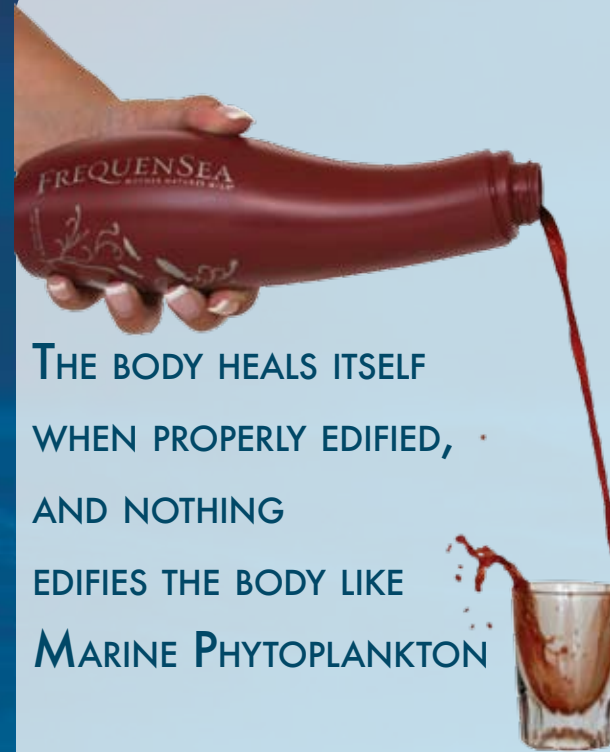
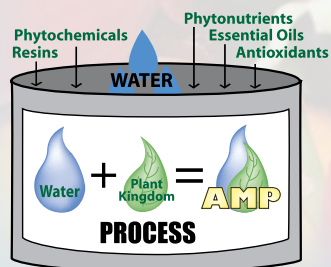
## EXCLUSIVE AMP PROCESS (AQUEOUS MOLECULAR PARTITIONING)

Nature intended us to benefit from the whole plant. The plant kingdom holds many secrets to health that we are only beginning to discover.

ForeverGreen uses a natural, environmentally conscious process to extract essential ingredients for FrequenSea™. Instead of common extraction methods involving heat or nutrient-harming solvents, ForeverGreen uses CO<sub>2</sub> extraction to capture every nutrient from the whole plant without destroying its nutrients. When a certain amount of pressure is applied to CO<sub>2</sub> (carbon dioxide), it turns into liquid. This liquid CO<sub>2</sub> can be used as an inert, safe liquid solvent. CO<sub>2</sub> is the gas we exhale from our lungs. It is also the gas that plants thrive on. This unique CO<sub>2</sub> extraction process preserves the **essential oils, resins, and powerful antioxidant-rich phytonutrients** of the whole plant.



Once the CO<sub>2</sub> process is complete, how do we optimally absorb these amazing nutrients into our body? Before the oil components and the water-based components can blend together, an emulsifier is needed. Prior to ForeverGreen's exclusive AMP process, chemical-based emulsifiers were the only option. The AMP process is a technological breakthrough, emulsifying the plant components and rendering them water-soluble making the nutrients instantly bioavailable in the body. Nothing carries nutrients into our cells more effectively than water, as 70 percent of the human body is water and 94 percent of the brain is water. Today most supplements come in forms that are not easily absorbed, therefore you often pay for expensive supplements that are never actually utilized by your body.

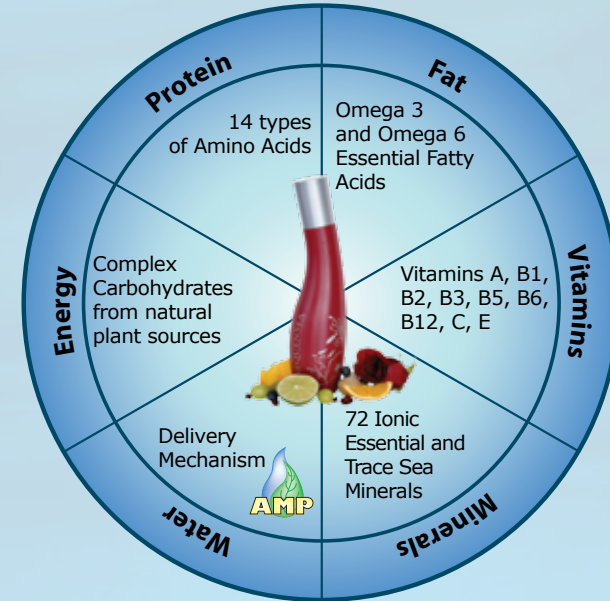


THE BODY HEALS ITSELF WHEN PROPERLY EDIFIED, AND NOTHING EDIFIES THE BODY LIKE MARINE PHYTOPLANKTON

- |                       |                               |                            |
|-----------------------|-------------------------------|----------------------------|
| Alanine               | Glutamine                     | Phenylalanine              |
| Arginine              | Glutathione                   | Phosphorous                |
| Asparagine            | Glycine                       | Potassium                  |
| Aspartic Acid         | Glycogen                      | Proline                    |
| Betacarotene          | Histidine                     | Pyridoxine (Vitamin B6)    |
| Bioflavonoids         | Iodine                        | Riboflavin                 |
| Biotin                | Iron                          | RNA                        |
| Boron                 | Lecithin                      | Selenium                   |
| Calcium               | Leucine                       | Serine                     |
| Chlorophyll           | Linoleic Acid                 | Silicon                    |
| Chromium              | Lysine                        | Sodium                     |
| Cobalt                | Magnesium                     | Superoxide Dismutase (SOD) |
| Copper                | Manganese                     | Substance P                |
| Cysteine              | Methionine                    | Thiamine (Vitamin B1)      |
| Essential Fatty Acids | Molybdenum                    | Threonine                  |
| Electrolytes          | Niacin (Vitamin B3)           | Tyrosine                   |
| Fiber                 | Nickel                        | Valine                     |
| Fluorine              | Nucleic Acids                 | Vanadium                   |
| Folic Acid            | Omega-3 Fatty Acids           | Vitamin B12                |
| Germanium             | Omega - 6 Fatty Acids         | Vitamin C                  |
| Gamma Linolenic Acid  | Pantothenic Acid (Vitamin B5) | Vitamin E                  |
| Glutamic Acid         |                               | Zinc                       |

# FREQUENSEA™ MOTHER NATURE'S MILK™

PROVIDES CELLULAR BUILDING BLOCKS



## WHAT DOCTORS ARE SAYING ABOUT MARINE PHYTOPLANKTON:

*"Marine Phytoplankton is one of the most rare ingredients on the planet because it contains, in a concentrated form, almost everything you need for life or the rebuilding of a healthy life."*

– Jerry Tennant, MD, head of the Tennant Institute of Integrative Medicine in Dallas

*"Marine Phytoplankton is an ideal food for mankind. It is Mother Nature's milk from the ocean. The research we are in the process of designing at the University of Utah College of Health, will continue to discover the health benefits of Marine Phytoplankton. This is very exciting and promising."*

– Hugo Rodier, MD, adjunct professor in the Family Practice Program of Social Medicine at the University of Utah School of Medicine